



THE MILESTONES INSTITUTE
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**AAMET EFT LEVEL 2
CASE STUDY
QUESTIONNAIRE FOR CLIENT**

Date of session:

Client's name and contact information: (Optional)

Practitioner's name and contact information:

What preparation, if any, did you receive before your session?

Did you feel that the setting was professional and did the practitioner present himself or herself in a professional manner?

What was done to make you feel comfortable? How did the practitioner put you at ease at the beginning of the session?

How did the practitioner explain to you what to expect?

Did you feel listened to, heard and understood by the practitioner?

If you had questions during the session did you feel comfortable asking the practitioner, and, if so, were your questions answered to your satisfaction?

Was there any time in the session during which you felt confused, nervous, or uncomfortable? If so, did you express this to the practitioner? Did the practitioner put you at ease? How?

What was the primary reason you came for a session? (Presenting issue)

During the session, was there a deeper, underlying issue that came up? (Core Issue) Please describe.

If you worked on a specific aspect or deeper issue (something that was not your presenting issue) did the practitioner refer back to your original concern before the end of the session to see how you were feeling about it?

Did you experience significant relief during the session?

Please describe any sudden or unexpected insights as a result of your session.

Often deep issues require several sessions. Do you feel there is more work to do on your issue? If so, what would you like to do about that?

Did the practitioner give you any practice assignments or homework to do? If so, what was suggested?

If there were one thing that could have been improved in the session, what might it be?

What did you appreciate most about the setting, the practitioner, and/or the session?

Is there anything else you would like us to know?