



THE MILESTONES INSTITUTE
www.MilestonesInstitute.com



CONSULTATION AND LETTER OF UNDERSTANDING AAMET LEVELS 1 AND 2

The purpose of this contract is to establish a clear understanding of the expectations of consultation.

Consultee is responsible for the therapeutic relationship with the Consultee's clients and to be competent in the modalities that the Consultee offers. Consultation is not supervision. As a consultant, I do not hold liability for how Consultee practices. My role is to help Consultee understand the technical competencies of EFT, how to integrate this protocol into a treatment plan and to assist the Consultee with developing skills. Should we identify areas needing improvement, Consultant may suggest ways to help Consultee learn these skills but will not be providing consultation to improve Consultee's foundation skills.

I am an AAMET EFT approved Trainer of Trainers, a certified instructor for AAMET Level 2 and Level 3, and am approved to consult with you on your cases. Should you wish to be a *Certified* AAMET EFT practitioner, please go to AAMET.org for further information on achieving this status. You have also received from me, the basic, but specific outline of requirements for Practitioner Level 2 status. There is also some required reading, the viewing of DVD's or other specified ways to complete your required 30 hours of further study.

The following is your contract clarifying expectations and general structure of consultation when seeking to become an AAMET Level 2 practitioner.

What to expect from Consultation:

1. Consultation is educational. The goal is for Consultees to increase and refine skills and competencies in utilizing EFT and to give evidence of these skills. Six Consultation hours are required by AAMET.
2. Consultant will notify Consultee by the 3rd session if the Consultee is having difficulty in grasping concepts and or skill deficits that I foresee could prohibit my recommending Consultee to AAMET for Practitioner status. We will discuss options to get the resources necessary to be successful.
3. Consultant will work with Consultee toward the goal of becoming AAMET approved Level 2 Practitioner.
4. Consultee will audio or video tape all three case study sessions, and will video tape at least one, or have one reviewed in person so that we may review and evaluate the work. Consultee is to obtain the necessary releases from clients. The video must show both the client and consultee.
5. I will approve certification to AAMET only if the Consultee has acquired the skills and knowledge base commensurate with this level and can demonstrate this.
6. Consultant will be abreast of current trends and changes happening with EFT and provide Consultee with new information and ideas to accommodate Consultee's needs. I will refer to other consultants if Consultee's needs are specialized.
7. Consultee is expected to come to sessions prepared to present case material, complete with Consultee's notes and self-evaluation on that case.
8. Consultation with Karin Davidson (www.howtotap.com, www.eftcert.com) may be substituted for consultation with Nancy Gnecco, and paid directly to her.

FEES:

1. Fees for individual consultation are \$100/hour
2. Total minimum hours required for case review is 6 hours as you are required to present 3 cases
3. Total hours of case review increases when Consulted needs improvement in certain areas and then more cases will be required to show proficiency.
4. 6 hours of consultation is \$600. The complete fee is required before consultation begins or you may pay \$300 initially and \$300 by the 3rd session.
5. This does not apply if entire program is prepaid with the discount.

I attest that I am an independent clinician/practitioner/coach who has completed Level 1,2 training, and passed the required Level 2 test.

Date _____

Trainer, Level 1 & 2 _____

Date test passed: _____

Print Name _____

Signature _____